# The Canterbury Academy Excellence in Sport



Part of The Canterbury Academy Trust

## Physical Education and Sport at Key Stage 3



'As much as possible, as often as possible, for as many as possible'

In partnership with Simon Langton Grammar School for Boys to provide a grammar school band for boys and girls in a comprehensive school for all the talents

## Four Pillars of Excellence

#### The Canterbury Academy is a school for all the talents

The Canterbury Academy wishes to offer children and parents an alternative to the binary choice of grammar school and secondary modern. The Canterbury Academy has, because of its size, developed a comprehensive provision and also sees educational and social value in having a diverse intake which reflects the society that the school serves.

The Canterbury Academy believes that 'all children walk with genius' and every child is good at something. In order to enable students to discover what they can be good at, or build upon that which they know they are, The Canterbury Academy is based upon a university style campus, with exceptional facilities, to offer 'a wealth of opportunity' and 'as much as possible, as often as possible, for as many as possible'.

All children have gifts. Some have the potential to excel in sport. Some are talented in the performing and visual arts. Some are practically gifted. Some have entrepreneurial flair. Some have academic gifts. Many students are good at more than one thing.

The Canterbury Academy offers students 4 pillars of excellence: in sport; in performing arts; in practical learning and enterprise education; and, in academic study.

Each student in Key Stage 3 can access four hours of PE every two weeks. The Academy's Sport Programme also enables students to access top quality coaching in specific sports.

#### **Outstanding Sports Facilities**

Students use the outstanding campus facilities regularly within their PE lessons or through the range of extra-curricular clubs that are on offer, providing sporting pathways for all students to excel in their chosen sport in a supportive, safe and inspiring environment.

- Designated a 2012 Olympic and Paralympic training facility.
- A £4,500,000 sports complex comprising a state-of-the-art fitness gym with over three hundred stations.
- Extensive double six-court sports hall.
- A floodlit football pitch.
- A floodlit sand sport area.
- An enclosed floodlit multi-use, all weather, games area comprising four courts allowing simultaneous play.
- Six lane 400mm floodlit athletics track.

#### Extra Curricular Sport

There are numerous opportunities to get involved in clubs after school and we encourage all students to take part. After school sport is enjoyable and is a way of making friends. There is also the chance to represent your school, which is a considerable achievement. Each club caters for all abilities and our aim is to provide consistent and enjoyable sessions, that improve students' progress in a sport. Teams compete in a range of sports at local, regional and national level. The school provides bespoke coaching programmes for students who sometimes go on to county and international level and we have numerous partnerships with established clubs and organisations.

Students can compete for the school in a range of sports including basketball, football, netball, rugby, athletics, cricket, rounders, futsal, gymnastics, swimming, handball, beach volleyball, and tennis.

- There are numerous House sports competitions.
- Opportunities include competing in district and regional competitions and taking part in leadership activities with partnership primary schools that are supported by the Academy.
- Our most advanced sports performers are supported through our Sport Scholar programme in years 10 and 11.
- A 'sport academy' afternoon gives year 7 and 8 students the opportunity to work with specialist coaches in a variety of sports.
- Our Sixth Form sport programme consists of a growing number of highly acclaimed sports academies. These include associations with respected clubs and a unique partnership with The Langton. In 2022, our Sixth Form basketball, cricket and football sides won their respective county cup competitions.

#### Sport Mentor Programme

The Canterbury Academy has always embraced, and remains fully committed to, sport. Highly committed students are offered the following.

- Joining a specialist mentor group run by experienced PE staff, helping manage academic commitments and students' intensive sporting demands.
- Flexible timetabling to ensure students can focus on their sport.
- Exclusive workshops on relevant sport science topics, such as psychology and nutrition.
- Access to specialist fitness sessions.
- Access to specialist funding to help support training expenses.
- Individual programmes that have an emphasis on improving students' performance in their sport







'A School for all the Talents'

## **Contact Information**

#### **Please contact:**

Mr P Relf - Director of Sport prelf@canterbury.kent.sch.uk to arrange a professional discussion and/or visit



## https://www.canterbury.kent.sch.uk/pillars/

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