DINNER MENU The Canterbury Primary School Week 1 Week 2

Sausage rolls (contains wheat) Vegan Lattice (VG) Potatoes/ vegetables Jacket potato (gf) with cheese or beans Choice of fruit, yogurt, fruit salad or pudding of the day

Monday

Wednesday

Friday

Tuesday

Thursday

Sweet and sour Chicken Vegetarian Sweet and Sour (VG) Rice with mixed vegetables

Jacket potato (gf) with cheese or beans

Choice of fruit, yogurt, fruit salad or pudding of the day

Roast Beef Vegetable slice (contains dairy and flour) (V) Roast potatoes with vegetables

Jacket potato (gf) with cheese or beans Choice of fruit, yogurt, fruit salad or pudding of the day

Bacon and tomato pasta (contains wheat)

Macaroni cheese (contains wheat and dairy) (V)

vegetables jacket potato (gf) with cheese or beans Choice of fruit, yogurt, fruit salad or pudding of the day

Chicken goujons (contains flour) Vegetarian goujons (contains wheat) (VG) Chips with beans or sweetcorn Jacket potato (gf) with cheese or beans

Choice of fruit, yogurt, fruit salad or pudding of the day

Fish stars (contains flour) Vegetarian goujons (contains flour) (VG) Potatoes /beans /peas

Jacket potato (gf) with cheese or beans

Choice of fruit, yogurt, fruit salad or pudding of the day

> Chicken Curry Vegetarian Curry (VG) **Rice and vegetables**

Jacket potato (gf) with cheese or beans

Choice of fruit, yogurt, fruit salad or pudding of the day

Roast Gammon Vegetable slice (contains dairy and flour) (V) Roast potatoes with vegetables Jacket potato (gf) with cheese or beans

> Choice of fruit, yogurt, fruit salad or pudding of the day

> > Pizza

Vegetarian Pizza (V) Jacket potato (gf) with cheese or beans Choice of fruit, yogurt, fruit salad

or pudding of the day

Sausages Vegan sausages (VG) Chips with beans or peas Jacket potato (gf) with cheese or beans Choice of fruit, yogurt, fruit salad or pudding of the day

Jacket potato (gf) with cheese or beans Choice of fruit, yogurt, fruit salad or pudding of the day

Chicken wraps (contain wheat) Vegan wraps (contain wraps) (VG) Cous cous salad and vegetables

Jacket potato (gf) with cheese or beans

Choice of fruit, yogurt, fruit salad or pudding of the day

Pasta Bolognaise

Quorn Bolognaise (V) Pasta and vegetables

Jacket potato (gf) with cheese or beans

Choice of fruit, yogurt, fruit salad or pudding of the day

Roast lamb

Vegetable slice (contains dairy and flour) (V) Roast potatoes with carrots and broccoli

Jacket potato (gf) with cheese or beans

Choice of fruit, yogurt, fruit salad or pudding of the day

Sausages

Vegan Sausages (VG) Mash/Beans /vegetables

Fish fingers (contains wheat)

Cheesy whirls (contains wheat and dairy) Chips with beans or peas

Jacket potato (gf) with cheese or beans

Choice of fruit, yogurt, fruit salad or pudding of the day