



TERM 5

MENU



	Monday	Tuesday	Wednesday	Thursday	Friday
Weeks 1 and 4	<p>Smoky beef Chili con carne</p> <p>Sweet potato and red pepper chili (V)</p> <p>Steamed rice</p> <p>Summer fruit mousse (D)</p>	<p>Chicken and chorizo pasta bake (G)</p> <p>Roasted vegetable pesto pasta bake (D) (G)</p> <p>Fresh fruit trifle (D)</p>	<p>Aged topside of beef</p> <p>Cauliflower steak (V)</p> <p>Roast potatoes</p> <p>Seasonal vegetables</p> <p>Yogurts (D) or jelly</p>	<p>Sizzling turkey fajitas</p> <p>Mexican bean stew (V)</p> <p>Mexican rice</p> <p>Apple and blackberry crumble with custard (D) (N)</p>	<p>Pork sausages</p> <p>Vegan sausage rolls (V)</p> <p>Chunky chips</p> <p>Baked beans</p> <p>Cookies (D) (N)</p>
Weeks 2 and 5	<p>Chinese pork</p> <p>Sweet and sour vegetables (V)</p> <p>Stir fried rice with soy, peas, spring onion and coriander (G)</p> <p>Banoffee mousse (D)</p>	<p>Beef Bolognese pasta bake (G)</p> <p>Tomato and basil pasta bake (D) (G)</p> <p>Triple chocolate sponge with cream (D)</p>	<p>Butter roast turkey breast</p> <p>Nut roast</p> <p>Roast potatoes</p> <p>Seasonal vegetables</p> <p>Yogurts (D) or jelly</p>	<p>Chicken and mushroom pie (D)</p> <p>Vegetable pie (D)</p> <p>Garlic and rosemary new potatoes (D)</p> <p>Cherry Bakewell crumble with custard (D) (N)</p>	<p>Chunky cod fish finger (D)</p> <p>Chunky chips</p> <p>Mushy peas or garden peas</p> <p>Cookies (D) (N)</p>
Weeks 3 and 6	<p>Chicken tikka masala (D) (N)</p> <p>Sweet potato and spinach Balti (V)</p> <p>Coconut rice (N) (D)</p> <p>Garlic and coriander naan breads</p> <p>Raspberry ripple mousse (D)</p>	<p>Spicy turkey Bolognese pasta bake (G)</p> <p>Sun dried tomato, olive and mascarpone pasta bake (D) (G)</p> <p>Sticky toffee pudding with custard (D)</p>	<p>Slow cooked loin of pork</p> <p>Stuffed mushroom</p> <p>Roast Potatoes</p> <p>Seasonal vegetables</p> <p>Yogurts (D) or jelly</p>	<p>Handmade Cajun spiced sausage</p> <p>Spicy vegetarian sausage casserole</p> <p>Sweet potato mash (D)</p> <p>Pineapple and coconut crumble with custard (D) (N)</p>	<p>Southern fried chicken strips</p> <p>Fries</p> <p>Spicy mac and cheese</p> <p>BBQ beans</p> <p>Strawberry ice cream pot (D)</p>

KEY TO ALLERGENS

(V) Vegetarian

(D) contains dairy

(N) contains nuts



Pasta available daily, with meat and vegetarian options.

Jacket Potatoes available Monday, Tuesday and Thursday.

Fresh Fruit and Jelly available daily.

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